



Seeds of
Silence

finding space with God

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Book List

Short introductions (less than 25 pages)

Pierre Lacout, *God is Silence*, London: Quaker Home Service, 1985.

Wendy Robinson, *Exploring Silence*, Oxford: SLG Press, Fairacres, 1979.

Silence and Christian meditation and contemplation

Sister Jeremy Hall, *Silence, Solitude, Simplicity: A Hermit's Love Affair with a Noisy, Crowded, and Complicated World*, Collegeville, MN: Liturgical Press, 2007.

Martin Laird, *Into the Silent Land: The Practice of Contemplation*, London: Darton, Longman and Todd, 2006.

Martin Laird, *A Sunlit Absence: Silence, Awareness and Contemplation*, Oxford: Oxford University Press, 2011.

Richard Rohr, *Everything Belongs: The Gift of Contemplative Prayer*, New York, NY: Crossroads Publishing, 1999.

Other books on silence with God

Catherine de Hueck Doherty, *Molchanie: The Silence of God*, London: Fount Paperbacks, 1982.

Maggie Ross, *Writing the Icon of the Heart: In Silence Beholding*, Abingdon: The Bible Reading Fellowship, 2011.

Catherine Doherty, *Poustinia: Encountering God in Silence, Solitude and Prayer*, 3rd edition, Ogdensburg, NY: Madonna House Publications, 2000.

Books about specific practices of Christian meditation or silence

On Centering Prayer:

Cynthia Bourgeault, *Centering Prayer and Inner Awakening*, Lanham, MD: Cowley Publications, 2004.

Keating, Thomas, *Invitation to Love: The Way of Christian Contemplation*, London: Bloomsbury, 2011.

Thomas Keating, *Open Mind, Open Heart: The Contemplative Dimension of the Gospel*, New York, NY: Continuum, 1995.

On John Main's meditative practices:

John Main, *Word Into Silence*, London: Darton, Longman and Todd, 1980.

Lawrence Freeman, *Light Within: Meditation as Pure Prayer*, London: Darton, Longman and Todd, 1986.

The Jesus Prayer meditation:

Per-Olof Sjögren, *The Jesus Prayer: Learning to Pray from the Heart*, London: SPCK, 1975.

John Twisleton, *Using the Jesus Prayer: Steps to a Simpler Christian Life*, Abingdon: Bible Reading Fellowship, 2014.

Autobiographical and more general books about silence (not all content from faith perspective)

Anne D. LeClaire, *Listening Below the Noise: A Meditation on the Practice of Silence*, New York, NY: HarperCollins, 2009.

Sara Maitland, *A Book of Silence*, London: Granta Books, 2008.

Max Picard, *The World of Silence*, Stanley Godman, trans., London: The Harvill Press, 1948.

Graham Turner, *The Power of Silence: The Riches That Lie Within*, London: Bloomsbury, 2012.

Books about solitary or hermit life and silence

Bernadette Flanagan, *Embracing Solitude: Women and New Monasticism*, Eugene, OR: Cascade Books, 2014.

Paul A. Fredette and Karen Karper Fredette, *Consider the Ravens: On Contemporary Hermit Life*, Bloomington, IN: iUniverse, 2011.

Karen Karper Fredette, *Where God Begins to Be: A Woman's Journey into Solitude*, Bloomington, IN: iUniverse, 2004.

Prayers and meditations

Sister Wendy Beckett, *Meditations on Silence*, London: Dorling Kindersley, 1995.

Carla A. Grosch-Miller, *Psalms Redux: Poems and Prayers*, London: Canterbury Press, 2014.

Thomas Merton, *Dialogues with Silence: Prayers and Drawings*, London: SPCK, 2002.

Helen Waddell, *The Sayings of the Desert Fathers*, London: Fontana, 1962.

Benedicta Ward, *Selections from the Sayings of the Desert Fathers*, Kalamazoo, MI: Cistercian Publication, 1975.

Classic texts about silence and prayer

Anonymous, *The Cloud of Unknowing*, available in various editions.

Catherine of Siena, *The Dialogue*, available in various editions.

Meister Eckhart, with Introduction by David Steindl-Rast, *Meister Eckhart, From Whom God Hid Nothing: Sermons, Writings and Sayings*, Boston, MA: New Seeds Books, 1996.

Ignatius of Loyola, *The Spiritual Exercises*, available in various editions.

John of the Cross, *Ascent of Mount Carmel*, available in various editions.

John of the Cross, *The Dark Night of the Soul*, available in various editions.

Julian of Norwich, *Revelations of Divine Love*, available in various editions.

Matthew Levering, *On Prayer and Contemplation: Classic and Contemporary Texts*, Lanham, MD: Sheed & Ward, 2005.

Teresa of Avila, *Interior Castle*, available in various editions.

More detailed, academic type books for deeper study

Lawrence Freeman and Stefan Reynolds, eds., *John Main: The Expanding Vision*, London: Canterbury Press, 2009.

- Thomas Keating, et al, *Spirituality, Contemplation and Transformation: Writings on Centering Prayer*, Brooklyn, NY: Lantern Books, 2008.
- Beverly J. Lanzetta, *Radical Wisdom: A Feminist Mystical Theology*, Minneapolis, MN: Fortress Press, 2005.
- Beverly J. Lanzetta, *The Other Side of Nothingness: Towards a Theology of Radical Openness*, Albany, NY: State University of New York Press, 2001.
- Diarmaid MacCulloch, *Silence: A Christian History*, London: Penguin Books, 2013.
- Rachel Muers, *Keeping God's Silence: Towards a Theological Ethics of Communication*, Oxford: Blackwell Publishing, 2004.
- Maggie Ross, *Silence: A User's Guide*, London: Darton, Longman and Todd, 2014.
- Dorothy Soelle, *The Silent Cry: Mysticism and Resistance*, Minneapolis, MN: Fortress Press, 2001.